



# Welcome Guide Summer 2018

*Keep this Guide available for packing lists, arrival and departure dates and times, and other important information.*

1020 Legacy Drive  
Bedford, VA 24523  
[www.globalyouthvillage.org](http://www.globalyouthvillage.org)

Need Help?  
Contact Mary Helmig  
E-mail: [mary@legacyintl.org](mailto:mary@legacyintl.org)  
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The Global Youth Village is a project of Legacy International, a non-profit educational organization with offices at 1020 Legacy Drive Bedford, Virginia USA.

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## **About the Host Organization**

# SECTION 1: PREPARING FOR YOUR TRIP

## Required Documents

Submit the following documents by May 30, 2018. Forms are also available online:  
<http://www.globalyouthvillage.org/gyv-forms/>

- \_\_\_ Parent Information Form - *required for all participants*
- \_\_\_ Health History Form - *required for all participants*
- \_\_\_ Camper Health Care Recommendation Form - *recommended for those with health care needs*

**Parent Information Form:** Required for all parent(s)/guardian(s)

**Health History Form:** This form provides important information on **past medical treatments, immunizations, current medications (if any) and allergies.** All participants are required, without exception, to submit a recent *health history* completed by the parent or guardian no more than six (6) months prior to arriving at the Village.

**Camper Health-Care Recommendations Form:** Participants are also asked to submit evidence of a physical examination by a licensed medical practitioner conducted sometime within the 24 months prior to arrival at camp. (An exam done any time after July 5, 2016 is acceptable.) This document should verify your child's state of health and **outline any physical conditions requiring special consideration while at the Global Youth Village.** *Please note*, although evidence of a recent medical physical **is not required, it is strongly recommended for any person who is under treatment for any chronic or acute conditions, and/or on any medications of any kind.**

## Dress Guidelines & Recommended Packing Check List

The purpose of the Global Youth Village dress guidelines are to create a learning environment where everyone from all cultures feels comfortable. We recommend modesty for participants and staff. We also recommend that people look at the messages tee shirts convey. Guidelines include:

**Tops:** Tops should cover most of the chest, midriff and back, and have modest necklines (no cleavage shown). *We ask male participants and staff to keep shirts on when in public areas and while playing sports.*

**Pants, Shorts, Skirts & Dresses:** Please monitor their length and tightness. A good guideline is shorts/skirts with a hem half way between the hip and top of knee. (No "short shorts")

**The following are inappropriate:**

- Wearing slippers and sleep wear outside of the cabin
- Sheer or transparent clothing
- Clothing (i.e. t-shirts) with messages or graphics that can be construed as vulgar, profane, lewd, racially or sexually suggestive, or that promote or glorify illegal substances.

## Recommended Clothing & Supply Checklist

**Practical Guidelines:** Village dress is casual. On few occasions, you may wish to "dress-up" for a special dinner or church outing. *Bring older clothes that will respond well to heavy use.* Daytime temperatures can reach 103°F (40°C). Nightly temperatures can be as low as 62°F (17°C). In addition to jeans, shorts, etc., people sometimes wear kangas, saris, galabia or other traditional styles. *Laundry is sent out weekly and can take two days to process, so bring enough clothing to last eight days.*

**Type of Suitcase:** For convenience, it is best to use a top opening suitcase. You will store this under your bunk bed. Limited shelf space and hangers are available in your cabin.

### Packing List

**Every article should be *clearly marked*** with indelible ink or nametags. Legacy is not responsible for lost items.

#### **Clothing**

- long pants and/or shorts
- short & long sleeved shirts
- underwear & socks
- sleep ware, bathrobe
- raincoat, poncho or umbrella
- 1-2 sets of clothing for special events
- clothing appropriate to any activity you may be involved in (e.g., leotard, hiking shoes)
- international clothing you may wish to wear
- swimsuit
- lightweight jacket, sweaters or sweat shirts
- slip-on shoes (at least one pair)
- sturdy shoes for walking and muddy days

#### **Toiletries**

- comb, brush
- towels, washcloths (at least 2 sets)
- toothbrush, toothpaste
- soap, soap dish, shampoo
- sunscreen / lotion
- insect repellent
- toiletry "tote" (to carry toiletries between cabin & bathhouse)
- shower shoes ("flip-flops" or other water resistant sandals)
- feminine products (for ladies)

#### **Miscellaneous**

- alarm clock (battery operated)
- laundry bag
- ear plugs and/ or eye mask (if you are a light sleeper)
- flashlight and extra batteries
- small electric fan (optional)
- garden or work gloves
- day pack, tote bag or small backpack
- watch
- sunglasses
- hat, visor, head scarf, bandana
- swim cap, goggles, ear plugs
- camera - ***separate from your cell phone or any Wifi enabled device***
- notebook, journal, stationary, stamps
- \* sleeping bag / bedding / pillow & pillow cases

*\* GYV will provide bedding for those traveling from overseas or flying in from N. America. If traveling by ground from within N. America, please bring bedding.*

#### **Cultural/ Lifestyle Items**

- international arts and crafts items
- musical instruments
- photos, from your travels, family, friends and home
- traditional / national costumes
- School yearbook
- Music burned to a CD ***separate from your cell phone or Wifi enabled device***

## **SECTION 2: CULTURE, LOCAL CUSTOMS, AND HONOR SYSTEM**

Every year, we have the opportunity to create a unique multi-cultural community - a place where youth and adults from all over the world gather together to share their cultures and life experiences. It is a place where we can become aware of each other's similarities and differences and live together in an open, trusting environment. *Developing a multicultural community based on trust and friendship requires a great deal of flexibility and respect.* In return, one receives a valuable education in global living that we believe is the key to a better future. To successfully create this environment, we have established the following principles that promote an open learning environment and a unique Global Youth Village culture.

### **THE GLOBAL YOUTH VILLAGE**

1. Promotes the understanding that real change can be accomplished through personal action and the development of a worldview. The Program is a forum for putting knowledge into action.
2. Is a positive environment where solutions can emerge through individual and team effort. The Program stresses cooperative endeavors that draw upon the resources, abilities, and talents of all community members.
3. Views young people as resources that vitalize communities. At the Program, youth are given responsibilities and roles that develop and help transfer their skills to meet local community needs.
4. Demonstrates how some challenging components of community life (cultural diversity, linguistic multiplicity, generational differences) can develop into assets for community learning.
5. Emphasizes universal values that span regional and national differences. The Program is a place where perspectives and customs are shared while at the same time cultural diversity and individual identity are celebrated.
6. Is a place where meaningful friendships are established. Each summer, the Global Youth Village brings together young people from all over the world who develop lasting friendships.

### **The Culture and Local Customs**

#### **Population and Language**

Youth and staff members participating in the Global Youth Village 2018 Summer Programs come from all over the world. Participants and staff represent many different cultures, reflecting various economic, religious, ethnic, and cultural backgrounds. While English is the primary language at the Village, many participants and staff speak a variety of different languages. One special custom at the Global Youth Village is learning to say "Thank You" in a different language before meals

#### **Beliefs and Practices**

While Legacy International is a 501(c)3 non-profit, not affiliated with any faith or religion, we recognize that faith, religion and spiritual beliefs are, for many, an important part of cultural and

individual identity. There is a wide range of faiths practice at the Global Youth Village. Bahai, Buddhism, Christianity, Hinduism, Jainism, Judaism, Islam, Mormonism, Native American faiths, Quakerism, Shintoism and other faiths are regularly represented. At the Global Youth Village, people feel free to conduct spiritual or religious practices that are part of their regular routine. There is a special room set aside for prayer, meditation, and reflection. The expression of these different views contributes to our emphasis on understanding. People attend church on Sunday, enjoy a Shabat meal on Friday, or gather for a quiet reflection time in nature.

## **Friendship**

Friendship and hospitality are what the Global Youth Village is all about. Here, youth and staff strive to create an environment where they are open and accessible to one another. Whether playing basketball, soccer, or ping-pong or getting acquainted at an evening program, the dining hall, or at the pool - you will find endless opportunities to meet people. Participants will find that the Program is free from the social pressures. **Exclusive/romantic relationships and cliques (separated groups) are discouraged.** The Program is a place where you can learn about yourself and the world you live in through remaining open to all types of people.

## **Community Life**

The Program promotes an atmosphere of balance and responsibility. Food, entertainment, and activities contain elements appealing to everyone. As global citizens, becoming more aware of the world we live in and how we influence it is a primary goal. Youth are encouraged to take responsibility for the community by participating in special building, maintenance, and landscaping projects during Community Service.

## **Cultural Sharing**

At the Program we encourage people to explore other cultures in addition to sharing one's own. This is done most often in the cabins, during workshops, and at cultural focuses. ***Each participant has interesting experiences to share and we ask you to bring items to help describe your daily lives, such as photos or slides, recipes, clothing, instruments, traditional games, craft items, songs.*** Even items in your life that you believe are "common-place" or "uninteresting" may be quite interesting to participants and staff from different backgrounds. Small gifts or tokens, such as pins, books, hats, bookmarks, and coins are often exchanged. Music plays a role in evening programs, cabin life, art activities, and dining experiences. The music we listen to contributes to the international flair and promotes cultural sensitivity. *Music that promotes violence, drugs, or the disrespect of others with regard to gender, racial, or ethnic will not be tolerated.*

## **The Honor System**

The Honor System, a workable system of mutual trust that is incorporated into all aspects of life at the Program, consists of several principles of honor upon which the community operates. This system benefits the whole and the individual only when each individual accepts his/her responsibility. The Honor System is based on the fundamental belief that harmony in community living is best achieved when it is has honor, mutual trust, and respect as the foundation.

Each participant adopts these standards and upholds them for the duration of her/his stay at the Program. Every participant has the same obligation to the community in upholding the Honor System. Participants are honor-bound to seek immediate support and guidance from peers and staff if they feel unable to abide by the following guidelines.

1. **Illegal substances** - I understand that at the Village, *tobacco, alcohol, and illegal drugs* are prohibited. Use or distribution of these substances will result in strong disciplinary measures, which may include expulsion.
2. **Respecting personal and Legacy property and space** - I understand that respect for people's personal space is important. I will do my best to avoid trespassing on another person. I will strive to learn what may make people uncomfortable and adjust my behavior accordingly; be that in my use of language or in my personal dress. I will also respect the property of the Global Youth Village. I understand that each person's belongings should be respected. I agree to cooperate with Village staff and youth in the event of lost/missing items or misunderstandings about ownership of a belonging.
3. **Full participation and positive attitude** - I understand that in order to make the most of my time in the Program, I should strive to participate fully in activities. It is my intention to be positive and willing to try new things. I will be open to new ideas and willing to listen to others. I will strive to respect other people's points of view and understand cultural differences.
4. **Communication** - I realize that misunderstandings and conflicts are a natural occurrence and I resolve to handle conflicts with communication or seek the assistance of another participant or staff member if needed.
5. **Non-exclusive relationships** - I understand that this is a time for me to get to know as many people as possible and learn more about myself. I will not engage in exclusive relationships and avoid cliques or boyfriend/girlfriend relationships during this brief stay.

## SECTION 3: FACTS ABOUT THE PROGRAM

### Schedule

Each day includes a wide variety of experiences and will be very full. Weekends may have a slightly adjusted schedule, allowing for special events.

7:45	Wake-up, cabin clean-up, cabin meeting, or exercise
8:30	Breakfast
9:15 - 12:30	Workshops
12:45 - 1:30	Lunch
1:30 - 2:30	Quiet socializing time / Siesta
2:30 - 3:45	Afternoon Electives
3:45 - 4:00	Café is open for snack and refreshment
4:00 - 5:00	Community Building and Community Service
5:15 - 6:30	Recreation: Sports, arts, swimming (single gender swimming is offered)
6:30 - 7:45	Dinner/ Village Gathering/Reflection Circle – lessons learned that day
8:00	Evening Program
11:00	Lights Out

### Environment and Climate

Location and Setting: Our 50-acre campus is located in the foothills of the Blue Ridge Mountains of Virginia. Our summer camp facility offers closeness to nature and a cooperative living environment

where friendships form quickly and a sense of community responsibility is nourished. Located 10 miles (16km) outside of the town of Bedford and about 175 miles (280km) from Washington, D.C., GYV has lush woodlands and provides a peaceful and safe natural setting. Hiking trails, streams, a pond, and organic flower and vegetable gardens foster new relationships with nature.

Participants share a wood frame cabin with 10 other youth and an adult staff member. Cabins have electricity, screened doors and windows, and bunk beds. Modern bathrooms are centrally located to cabins. Girls' and boys' cabin are in separate areas of camp. Workshop spaces are air-conditioned. Temperatures can range from 62 degrees F at night to 103 degrees F during the day (17 to 40 degrees Celsius).

## **Dining**

Dining at the Global Youth Village is a cultural experience. Our menu reflects the diversity of our staff and participants. Meals are made fresh daily by our experienced kitchen staff. Our kitchen is vegetarian (we serve chicken or fish once per session) and our staff is experienced accommodating many dietary restrictions. The dining hall is air-conditioned. Foods often include:

- Breakfast: cereals, pancakes, eggs, oatmeal, fruit, yogurt, muffins and pastries
- Lunch: soups, sandwiches, salad, vegetable plates, macaroni and cheese, pizza
- Dinner: Stir-fries, falafel, spanokopita, curries, dahl, stew, pasta, rice dishes
- Desserts: fruits and dates, brownies, cookies, baklava

## **The Adjustment Time**

Whenever you experience a change, whether it is travel or major change in your daily routine, there is a normal period of adjustment. There are many things you and your family can do to support you during this time. Journal keeping and letter writing often give you the most constructive way to express your feelings and insights about what you are involved in. Talking to people who have found ways to be positive helps. Doing some physical exercise or reading a good book can also give you the space you need to rejuvenate yourself.

We encourage you to immerse yourself in the life of the Program. Soon you will feel that you are gaining a great deal here, and the feeling of missing home will be replaced with new friends, memorable conversations, and laughter. It is important for parents to be supportive and encouraging.

## **Communicating With Home**

The experience at the Program can be viewed as a trip abroad with other youth. As on any trip, letter writing is encouraged and phone calls are kept to a minimum. **We have found over the years that frequent telephone or e-mail contact with family and friends detracts from people fully immersing themselves in GYV.**

**Phone Calls - Our phone policy allows each youth 1-2 calls per session and to use e-mail during 1-2 times per session for 15 minutes. At the beginning of the program cell phones will be collected by a Legacy staff member and stored in a locked, secure location.** Once a week, during the allotted phone call times, youth will have the chance to get their cells phones and use them to call their friends or family. Often, reception on the property is poor and cell phones do not work. In this case, GYV will have phone cards available to youth in order to call home on a land line.

Youth are assigned "phone call" and email time based on their cabin group. Staff does their best to



email parents of the date/ time assigned to their child. If a youth is unable to contact anyone during their assigned time, he/she will be able to try again at a different time.

***We ask that parents honor this policy and, when your child speaks with you, ask them to tell you stories about the people they have met and about the experience in workshop. We find youth make the most of the program when their family is supportive.*** If you wish to find out how your child is doing outside of those times, please call 540-871-0882. It is very difficult for parents to call their children during the program because our campus is spread-out. Also, please inform relatives that we limit phone calls and encourage letters. If you would like to arrange a time to have a relative speak with your child, please let the Callie Hubbard know.

**E-mail** - Youth will have limited access to computers and can send and receive web-based e-mail during the session. If parents or friends would like to email a participant, **send all email to [gyv@legacyintl.org](mailto:gyv@legacyintl.org) with the name of youth in the email subject.** These messages will be printed out daily and passed to the youth.

### **Care Packages**

***Please do not send or bring packages of food, candy, or gum to the Program.*** All such items will be held in the office and given to the participant upon departure. (Food in the cabins attracts wildlife!) Ample sweets appear on the menu, and the Legacy Store carries a wide variety of healthy snacks, including juices, dried fruit, chips, candy bars, sodas, and ice cream.

## **GYV Encourages a “Technology-Free Zone”**

### **Leaving internet networking and texting behind**

You will have just 2-3 weeks to make the most of your friendships at GYV! While you may miss checking in with your friends at home through WhatsApp, Snap Chat or Facebook, this will ensure you save stories and photos to share with them when you return home. Many participants travel across the globe to get to GYV, and will be extremely homesick and have limited contact with home. If you seem to have more freedom to text etc., it creates inequality. ***Please agree to hand over your cell phones and iPhones when you arrive. Please bring a camera that is separate from your phone, so you can capture memories at GYV*** (digital or disposable cameras).

As time and internet access allow, you may have a chance to write a blog post for GYV’s blog page. GYV staff will be updating our blog, Twitter, Facebook, Instagram and Flickr pages. *If you have friend or family interested in following your GYV experience on social media, they may “follow” us at:*

Facebook: <https://www.facebook.com/Legacyintl>

Twitter: <https://twitter.com/LegacyIntl>

Instagram: @LegacyIntl

Blog: <http://www.globalyouthvillage.org/gyv-blog/>

**\*\*Global Youth Village posts and tweets on the Legacy company social media pages, so you can also learn what other Legacy programs are up to this summer!**

### **iPods and MP3 players**

We encourage young people to tune into new friends and all GYV has to offer. iPods and MP3 players may be used in cabins at night or siesta time but not while walking around campus. We want youth to be engaged with one another and participate in camp activities, not jamming out to a

play list while this unique experience passes them by!

Focus on GYV: We will ask you to turn in portable devices that have the ability for texting and/or calling. If this device also contains your music or acts as your camera you will be at a loss. **Bring a digital camera and an MP3 player as separate items to avoid confiscation of an important electronic element. REMEMBER the MP3 player is also only to be used in cabin, and Legacy is not responsible for its loss or misplacement.**

## Medical Care

**Health House & Health Care Staff:** GYV's "Health House" has an examination room, kitchen and bathroom, as well as a quiet place to sleep if one needs quiet and rest other than one's cabin. A Registered Nurse is on call 24 hours a day, with First Aid certified staff continually on site. Local physicians (MDs) are on readily available, with a well-equipped clinic 20 minutes away. Three hospitals are located within 30-60 minutes. Also, a consulting homeopathic physician supervises treatment for youth from families who prefer homeopathic or naturopathic care.

Our first priority is the health and well-being of our participants. We attempt to contact parents if their child is confined to the health center for more than 8 hours or must visit a doctor. At the end of the session, you will be sent a record of your child's visits to the Health House (if any). If you have any questions, please feel free to call.

## Keeping Spending Money and Travel Documents Safe

International students often travel to the United States with gift purchasing in mind. There will be plenty of time while in Washington, DC for shopping.

Once you arrive at the Global Youth Village, plane tickets, passports, and other items of value will be collected and stored in a locked safe in our camp's office. The Global Youth Village is a cashless community. You will be busy enjoying activities that require no money. We will keep your cash, credit and debit cards securely stored with your travel documents while at the Village so you need not worry about them. Upon departure from the Village, items and money will be distributed back to each participant. (**\*Regarding spending money for Washington, D.C. portion:** consider bringing a debit card instead of carrying large amounts of cash.)

The GYV Cafe is open daily, serving snacks and drinks, and your tuition included payment for two items each day at the Village Cafe.

## Personal Items of Value

Occasionally, participants bring musical instruments, video cameras, and other personal items of significant value. If you bring such an item, we ask that you take personal responsibility for the care and use of it. Our staff will help arrange for a dry place for storage of larger items when not in use. **Please note that locked storage for larger items is not available.** Youth who bring such items are responsible for establishing terms of usage and care if they wish to lend the items to others. The Program cannot be held responsible for repair or replacement of such items.

## **Lost and Found**

Lost and found systems are set-up. However, it is ultimately the participant's responsibility to make sure he or she picks up all possessions at the end of the program. GYV will not automatically return lost possessions. Contact GYV if you notice something missing after you return home. We will try to locate it and mail it to you. Unclaimed lost and found items will be kept until September 30, 2018. After that date, any remaining items will be given to charity.

## **Documentation at the Program**

Each year we document certain aspects of the Program on video, audio recordings, and through photographs. This documentation is used to produce short video programs, publications, and website post for potential funders, future staff, families, and others interested in learning about the Program. By signing the parent's application form and checking the appropriate blanks, permission is given to include your child's likeness for these purposes. In addition, we have opportunities to use our video footage and photography to produce television specials and curriculum materials to be used in junior high school and high schools, thus sharing the benefits of the program with many people who do not have the chance to attend. Thank you for your participation!

## **Tipping**

The Global Youth Village **prohibits** the receipt of tips, gifts, or gratuities by the staff. Parents interested in expressing their thanks are encouraged to make a contribution to the Global Youth Village Scholarship Fund. Please contact Mary Helmig for details about making a donation.

## SECTION 4: IMPORTANT TRAVEL DETAILS

### Important

- Consult tentative travel plans with Mary Helmig, **BEFORE** making final bookings.
- Inform Mary Helmig of your finalized travel plans **by June 1** – [callie@legacyintl.org](mailto:callie@legacyintl.org); 540-871-0882
- Call Mary with any questions or changes in travel plans.

***\*\*\*In the event of flight delays, schedule changes, or emergencies, Legacy staff will contact parents directly by phone.***

**Please also carry the following number with you as you travel:**  
Mobile - 540-871-0882

### Information for U.S. Participants

U.S. Participants may travel to the Village by:

1. car, OR
2. train, bus or flight to the Roanoke/ Lynchburg area, OR
3. train, bus or flight to Washington, D.C.

### Arrival Day, July 6

#### 1. By Car:

- Please arrive between 2-4pm on your Arrival Day
- Driving directions are at the end of this Travel section

#### 2. By train, bus or flight to Roanoke/ Lynchburg

- Arrive at either **Roanoke (ROA)** or **Lynchburg (LYH)**
- Flights should land between **11:00 am and 4:00 pm** on Arrival Day
- Global Youth Village staff meet students at baggage claim with a Global Youth Village sign
- Staff and student will call parents upon pick-up

### 3. By train, bus or flight to Washington, D.C.

- Arrive at either **Reagan National (DCA) or Dulles International (IAD)**
- Flights should land **by 11am** on your Arrival Day (*The bus leaves from DC to the Global Youth Village at 1:00 pm sharp*)
- If you need to arrive the prior night, hotel accommodations will be made (*for an additional charge*)
- Global Youth Village staff meet students at baggage claim with a Global Youth Village sign
- Students and staff travel to the Village via coach bus (\$150 additional fee, round trip.)

**At Airports:** Participants are met at baggage claim areas.

**Participants should carry the follow numbers while traveling and notify GYV right away if there are delays or questions:**

- Global Youth Village/ Mary Helmig cell phone: 540-871-0882

We make a point to have each youth call home when he/she has arrived safely.

### Departure Day, July 19

#### By Car:

- Student pick up should occur between 8:00 am and 11:00 am **on Departure Day.**
- Driving directions are at the end of this Travel section

#### By train, bus or flight to Roanoke/ Lynchburg

- Depart from either **Roanoke (ROA) or Lynchburg (LYH)**
- Flights should depart between **9:00 am and noon on Departure Day**
- Staff accompany students safely to their point of departure

#### By train, bus or flight out of Washington, D.C.

- Depart from either **Reagan National (DCA) or Dulles International (IAD)**
- Flights should depart ***after* 4:00 pm on your Departure Day**
- Staff accompany students safely to point of departure

## Information for International Participants

All International Participants must:

- 1) Book round-trip flight prior to arrival in the U.S.
- 2) Have a valid passport, travel visa (if required for your country) or any other documentation required for travel
- 3) Legacy sends you a travel letter to carry with you at all times. It contains important phone numbers, addresses and information that immigration forms and officials will require.

### Arrival Day, July 5

- Arrive at either **Reagan National (DCA) or Dulles International (IAD)**
- Flights may land any time of day on your Arrival Day
- If Washington, D.C. is first “port of entry”, a GYV staff member meets students outside customs, **carrying a large sign**. If you get confused go to Traveler's Aid station.
- If Washington, D.C. is not your first “port of entry”, (ex. you transit through Chicago or New York) OR you transit thru a country that has customs clearance before boarding (as in Dubai) , GYV staff member meets students at baggage claim, **carrying a large sign**
- All international students will spend the evening in a Washington, D.C. hotel, resting for a night after their travel
- The following day, all International Students travel via coach bus to the Global Youth Village campus.

### Departure Day, July 23

- Depart from either **Reagan National (DCA) or Dulles International (IAD)**
- Flights may depart anytime on your Departure Day
- Staff accompany students safely to their point of departure

# Driving Directions to the Global Youth Village

## Put the following address into your GPS: 1020 Legacy Drive Bedford VA.

Global Youth Village takes place at Legacy International's campus in Bedford County, Virginia, roughly 210 miles southwest of Washington, D.C. It is approximately a 4 hour drive from D.C. with scenic four-lane highway most of the way. The campus is also 2 hours north of Greensboro, NC. It is located between Roanoke and Lynchburg, Virginia, about 15 miles south of the town of Bedford.

### From the Washington, D.C. Beltway, and locations North

1. Take I-66 West to the Gainesville exit. The exit ramp feeds directly onto Rt. 29 South. Proceed on Rt. 29 South, following the signs taking the bypass rather than the business route when given a choice. (Please note: in Charlottesville, Rt. 29 turns right just before an overpass. It is clearly marked.)
2. As you are nearing the town of Amherst, you will see a large green / white sign for Rt. 29 South Lynchburg / Danville. Stay in the left lane to get on the bypass. (Do not exit right onto Rt. 29 business.) This bypass lasts about 12 miles. After 11 miles, you will see a sign "South Rt. 29 / Rt. 460 West, Lynchburg / Danville, 1 mile." Just after you cross the Monacan Bridge over the James River, you will exit right onto Rt. 460 West, driving towards Lynchburg / Bedford / Roanoke.
3. You will be on 460 West approximately 13.5 miles total, bypassing most of Lynchburg.
4. Look for signs for "Smith Mountain Lake" & "London Downs Public Golf Course" as you approach the intersection of Rt. 811 & Rt. 460. (There are Exxon & Sheetz gas stations and a traffic light at this intersection.) Turn left onto Rt. 811. (Approximately 2 miles down 811, the route number changes to Rt. 709. Rt. 811 turns left here, but you will continue going straight. This is poorly marked.) You will continue until you come to a stop sign at the bottom of a hill.
5. Turn right at the stop sign onto State Road 24 West, crossing a small bridge. After approximately 5 miles, you will come to the intersection of State Roads 24 & SR 43 with a small white farm house on the corner. A closed gas station is on your right. Immediately beyond the gas station is Falling Creek Road / Rt. 714. Turn right on to Falling Creek Road. Drive 2.2 miles.
6. Turn right on to Prosperity Road at the sign saying Legacy International (just beyond a street named Silk Road). (If you pass "Double Good Dairy Farm" on the left side of Falling Creek Rd / Rt. 714, you have gone ½ mile too far.) Drive straight down the road and stop at the parking area next to the first building on this road. Please stop at this office to check-in, and for a map and directions on where to drive next.

### From Raleigh / Durham & Danville, and locations South

1. Take Route 70 West from Raleigh until it joins Interstate 85 in Durham.
2. Follow 85 South/40 West to the Hillsboro exit, Route 86 North.
3. Follow 86 North to Danville, where you will follow the signs to 29 North.

### Directions Continued

4. **In Danville**, take Rt. 29 North through the city, to the first Altavista exit. Turn left off the

- exit ramp onto Rt. 43. Follow Rt. 43 for 17 miles until it joins Rt. 24.
5. Turn left onto Rt. 24 and make an immediate right onto Rt. 714 / Falling Creek Road, just after a closed gas station. Drive 2.2 miles. *See #5 above for balance of directions.*

## Travel Safety Procedures

*At Airports:* Due to security procedures we will be meeting participants at the baggage claim areas with a large sign. Participants should carry the follow numbers while traveling and notify us if there are delays or questions:

***Global Youth Village/ Mary Helmig cell phone: 540-871-0882***

We try to make a point to have each youth call home when he/she has arrived safely.

*Transportation to and from Washington, DC:* The Program charters a full-size bus, using an established agency and certified commercial (professional) driver. The buses have a restroom and are air-conditioned. Passengers will board the bus in a safe area away from traffic (usually the parking lot of the meeting location).

*Van transportation:* On occasion, 12-15 passenger vans, 7 passenger minivans, or passenger cars are used to transport smaller groups. An approved Program staff member, age 21 or older, who has a good driving record as well as on-road experience with vans, will serve as driver.

Other safety procedures: All trip vehicles carry standard safety equipment of fire extinguisher, reflectors, and first aid kit. On trips, at least one staff member accompanying the participants is trained in CPR and first aid. In addition, on trips more than one hour away from campus, staff carries copies of participants' health forms and emergency release signatures. All trip staff receives training in accident and emergency response procedures. Written copies of these procedures are available upon request.

## HOSTING ORGANIZATION



**Legacy International hosts the Global Youth Village. Legacy International** is a non-profit educational organization located in Virginia. Since 1979, Legacy's leadership and civic education programs have enriched the lives of thousands of high school students through training and exchange opportunities, and adults through travel and professional development program.

Legacy's summertime *Global Youth Village (GYV)*, in continuous operation since 1979, has enabling youth leaders from many parts of the world to build friendships while they gain the skills to become responsible, involved citizens. [The Global Youth Village is accredited by the American Camp Association.] Other programs and exchanges have involved teens from across the United States, Bosnia and Herzegovina, Macedonia, Kosovo, Indonesia, Central Asia, the Protestant and Catholic neighborhoods of Northern Ireland; youth from the Middle East, Israel and Palestine; and various parts of Nigeria. Legacy has been conducting State Department Exchange programs since 1989.